

# COFFEE PLAYGROUNDS

ESPRESSO 20 ML 13 LEI

ground coffee 8 g, hot water 20 ml

DOUBLE ESPRESSO 40 ML 15 LEI

ground coffee 16.5 g, hot water 40 ml

AMERICANO 80 ML 14 LEI

ground coffee 8 gr, hot water 80 ml

LONG BLACK 100 ML 16 LEI

ground coffee 16.5 g, hot water 40 ml

ESPRESSO MACHIATTO 80 ML 14 LEI

espresso 20 ml, milk cream 60 ml

CAPPUCCINO 180 ML 16 LEI

espresso 20 ml, milk cream 160 ml

FLAT WHITE 240 ML 19 LEI

double espresso 40 ml, milk cream 200 ml

LATTE 300 ML 20 LEI

espresso 20 ml, milk cream 280 ml

HOT TEA 220 ML 22 LEI

rooibos infusion/fruit/  
black tea / green tea / mint / ginger &  
lemon

HOT CHOCOLATE 220 ML 23 LEI

chocolate powder 20 g, milk cream 200 ml, water 10 ml

V60 220 ML 28 LEI 

ground coffee 16.5 g, water 220 ml

## FLAVOURFUL ENERGY BOOST

CHAI LATTE 300 ML 20 LEI

chai syrup 20 ml, turmeric powder 2 g, milk cream 280 ml

MATCHA LATTE 240 ML 21 LEI

matcha tea powder 3 g, milk cream 220 ml, water 20 ml

FLAVOURED LATTE 300 ML 22 LEI

espresso 20 ml, milk cream 270 ml, cinnamon syrup/  
vanilla syrup/ hazelnut syrup/ pistachio syrup/ caramel  
10 ml

## ICEBREAKER GROUNDS

ESPRESSO TONIC 100 ML 21 LEI

espresso 20 ml, tonic 50 ml, ice 70 g

FRAPPÉ 300 ML 24 LEI

espresso 40 ml, milk 100 ml, liquid cream 20 ml, vanilla ice  
cream 50 g, biscuits 1 pc, ice 130 g

ICED LATTE 300 ML 22 LEI

espresso 20 ml, milk 200 ml, ice 100 g

COLD BREW 50 ML 18 LEI 

ground coffee 16 gr, ice

COLD BREW LATTE 300 ML 22 LEI 

ground coffee 16 gr, milk 200 ml, ice 100 g, water 50 ml

COLD BREW TONIC 100 ML 21 LEI 

ground coffee 10 gr, water 30 ml, tonic 50 ml, ice 70 g

UR  
HOT

**For the DECAFFEINATED version, add 3 LEI to the prices shown above.**

*Some dishes on our menu may contain allergens.*

*Ask us before ordering or carefully read the allergen codes printed near each dish  
and refer to the list at the end of the menu for further details*



COFFEE GROUNDS



# DRINKS PLAYGROUNDS

## ICED TEA

### ICED FRUIT TEA 22 LEI

400 ml: fruit infusion 250 ml, sugar syrup 20 ml, lemon 20 ml, berries 40 g, ice 150 g

### ICED MINT TEA 22 LEI

400 ml: mint infusion 250 ml, lemon 20 ml, sugar syrup 20 ml, mint 5 g, ice 150 g

## LEMONADES, MOCKTAILS & FRESH JUICE

### PEAR & BASIL LEMONADE 24 LEI new

400 ml: Lemon juice 40 ml, basil 5 g, still water 100 ml, pear 30 g, pear syrup 50 ml, ice 130 g

### ORANGE & BASIL LEMONADE 24 LEI

400 ml: lemon 20 ml, fresh orange 200 ml, basil 5 g, still water 20 ml, ice 130 g, sugar syrup 20 ml

### GINGER LEMONADE 23 LEI

400 ml: lemon 40 ml, ginger syrup 40 ml, ginger 10 g, mineral water 260 ml, ice 130 g

### MINT LEMONADE 23 LEI

400 ml: lemon 60 ml, sugar syrup 50 ml, mint 2 g, mineral water 230 ml, ice 130 g

### FRESH ORANGE JUICE 23 LEI

250 ml: fresh orange juice

### GINGER & BASIL LEMONADE 24 LEI new

400 ml: lemon 40 ml, ginger 10 g, ginger syrup 50 ml, basil 5 g, still water 100 ml, ice 130 g

### CUCUMBER & THYME LEMONADE 23 LEI

400 ml: lemon 20 ml, cucumber 30 g, thyme 2 g, still water 230 ml, ice 130 g, sugar syrup 20 ml

### ELDERBERRY WITH MINT 24 LEI

400 ml: lemon 40 ml, elderberry syrup 40 ml, mint 2g, mineral water 200 ml, ice 130 g

### CLASSIC LEMONADE 23 LEI

400 ml: lemon 60 ml, sugar syrup 50 ml, mineral water 230 ml, ice 130 g

### FRESH CARROT JUICE 21 LEI

250 ml: fresh carrot juice

### FRESH APPLE JUICE 21 LEI

250 ml: fresh apple juice

## WINE

### BUDUREASCA PREMIUM 26 LEI new

bottle 187 ml white/red/rose

### ISSA CHARM SPARKLING WINE 135 LEI

750 ml bottle

### PROSECCO D.O.C BOTTLE 200 ML 32 LEI new

### ISSA WHITE, ROSE & RED WINE 750 ML 120 LEI

## SPRITZERS

### GIN TONIC 42 LEI

300 ml: Malfy 50 ml, tonic 150 ml, 1 slice of lemon, ice 150 g

### APEROL SPRITZ 32 LEI

300 ml: Aperol 50 ml, sparkling wine 100 ml, mineral water 20 ml, 1 orange slice, ice 150 g

### HUGO 32 LEI

300 ml: sparkling wine 120 ml, elderflower syrup 20 ml, mint 2 g, lemon juice 20 ml, ice 150 g

### CAMPARI SPRITZ 31 LEI

300 ml: Campari 50 ml, sparkling wine 100 ml, mineral water 20 ml, ice 150 g

## BOTTLED & DRAUGHT

### STELLA ARTOIS 330 ML 15 LEI

### STELLA ARTOIS 0.0 330 ML 15 LEI

### STELLA ARTOIS PINT 400 ML 17 LEI

### CORONA BEER 330 ML 21 LEI

### ESTRELLA BEER 330 ML 18 LEI

### HOP HOOLIGANS 500 ML 35 LEI new

craft beer, unfiltered, unpasteurized

### STILL WATER 330 ML 11 LEI

### MINERAL WATER 330 ML 11 LEI

### STILL/MINERAL WATER 750 ML 16 LEI

### KOMBUCHA 330 ML 21 LEI

### HARTRIDGES COLA 19 LEI

## COLD DRINKS

# SUGAR HIGH GROUND

## HOMEMADE CHEESECAKE 220 G – 33 LEI

cheesecake 120 g, homemade topping 20 g, homemade fruit jam 30 g, fruit 20 g, decorations 30 g

**E, M, G**

## PANCAKES WITH RICOTTA & SEASONAL FRUITS 220 G – 28 LEI

2 Pancakes, ricotta 50 g, agave syrup 20 g, homemade topping 20 g, fruit jam 30 g, seasonal fruit mix 20 g, decorations 20 g

**E, M, G**

## PANCAKES 250 G – 33 LEI

2 Fluffy pancakes with maple syrup, homemade fruit jam 40 g, fruit topping 30 g, decorations 20 g

**E, M, G**

## DONUTS WITH YOGURT CREAM & CHOCOLATE 240 G – 29 LEI

2 chocolate donuts, creamy Greek yogurt 50 g, fresh fruit 30 g, topping 30 g, homemade fruit jam 30 g, decorations 20 g

**E, M, G**

## LAVA CAKE 180 G – 32 LEI

lava cake 60 g, ice cream 50 g, topping 20 g, decorations 30 g, fruit 20 g

**E, M, G**

## CROISSANT 80 G – 15 LEI

croissant 60 g, fruit decoration 20 g

EXTRA Topping 30 g - 3 LEI:

chocolate, caramel or fruit

**FP, G, M, E**

  
MMMBAKE IT HAPPEN!

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DESSERT

# STAND YOUR GROUND

## SALADS & ON THE RUN



### BANJO JACK 350G – 46 LEI

Olive bread 160 g, avocado 40 g, cream cheese 60 g, mushrooms sautéed in flavored butter 100 g, cheddar sauce 40 g, asparagus 40 g, garnishes 50 g

**G, M**

### CHICAGO ON FIRE 400 G – 51 LEI

Olive bread 160 g, cream cheese 60 g & jalapeno 30 g, fried bacon 40 g, garnishes 30 g, tomato 30 g, cheddar sauce 50 g, chorizo 50 g, parmesan 20 g, mixed seeds 10 g

**G, M, SS**



### ARTISANAL PASTA WITH FOREST MUSHROOMS & CHAMPIGNONS 500 G – 54 LEI

mixed mushrooms 100 g, white sauce 150 g, garlic 5 g, spices 2 g, tagliatelle 130 g, oil 20 g, butter 20 g, mixed seeds 30 g

**M, G, SS**

### HOMEMADE PASTA WITH SHRIMPS IN BUTTER & HERBS SAUCE 500 G – 59 LEI

shrimp 80 g, fresh homemade pasta 150 g, butter 20 g, cherry tomatoes 30 g, tomato sauce 150 g, garlic 5 g, oil 20 g, spice mix 30 g, parmesan 30 g, seed mix 20 g

**G, C, M, SS**

### PASTE POLLO BIANCO 500 G – 56 LEI

chicken breast 100 g, chorizo 40 g, fresh garlic 1 g, parsley 5 g, cherry tomatoes 60 g, olive oil 10 g, butter 30 g, parmesan 20 g, seed mix, fresh homemade pasta 130 g

**M, G, SS**

### HOMEMADE PASTA WITH CHICKEN IN TOMATO SAUCE 500 G – 56 LEI

chicken 120 g, fresh homemade pasta 130 g, butter 20 g, tomato sauce 150 g, garlic 5 g, oil 30 g, spice mix 20 g, parmesan 30 g, tomatoes 30 g

**G, M, SS**



### HUMUS & VEGGIES PLATE 300 G – 40 LEI

Homemade chickpea cream 120 g, vegetables 100 g, bread 120 g

**SS, G**

### CHICKEN BREAST WITH CHEDDAR SAUCE & GNOCCHI 400 G – 57 LEI

chicken breast 140 g, homemade gnocchi 200 g, white sauce 150 g, cheddar 40 g, butter 30 g, spices, olive oil 20 g, tomatoes 30 g, fried onion 20 g

**M, SS**

### SOUP OF THE DAY

#### Tomato cream soup

300 ml - 29 LEI mozzarella 30 g, parmesan bread 60 g, seeds 30 g

**M, SS**

### KIDS MENU

CHICKEN STRIPS 120 G & POTATOES 220 G - 40 LEI

CHEESE STICKS 120 G & POTATOES 220 G - 42 LEI  
CHOICE OF: KETCHUP OR CHEDDAR

**G, M, E**

## ORDER SOMETHING EXTRA!

*Products in the EXTRA category are not basic dishes.  
You can order any of the Extra products to complete a dish from the menu or you can compose a basic dish by mixing a minimum of 3 products to your liking.*

Avocado 80 g – 14 lei  
Mushrooms sautéed in butter 150 g – 14 lei  
Scrambled/poached/fried eggs 70 g – 17 lei  
Crispy bacon 60 g – 13 lei  
Chicken breast 150g - 22 lei  
Sourdough bread 140 g – 8 lei

HEALTHY LUNCH & LUSCIOUS DINNER

# BREAK NEW GROUNDS

## EGGS BENEDICT

### GUACAMOLE GRAND BENEDICT 44 LEI

400 g: Guacamole cream 40 g, sourdough bread 80 g, fried bacon 40 g, eggs benedict 80 g, caramelized onions 20 g, hollandaise sauce 30 g, cherry tomatoes 30 g, asparagus 40 g, parmesan 30 g, mixed seeds 30 g

**E, M, SS, G**

### GROUNDS EGGS BENEDICT 46 LEI

400 g: Eggs Benedict 80 g, sourdough bread 80 g, bacon 40 g, sausages 40 g, beans 40 g, spinach 40 g, caramelized onions 20 g, mushrooms 50 g, hollandaise sauce 30 g, seed mix 20 g, decorations 30 g

**E, M, G, SS**

### MUSHROOMS GRAND BENEDICT 43 LEI new

400 g: Eggs Benedict 80 g, mushrooms 100 g, caramelized onions 20 g, avocado 30 g, pickled radish 10 g, cherry tomatoes 30 g, cream cheese 20 g, butter 20 g, olive oil 20 g, sourdough bread 80 g, seed mix 10 g, hollandaise sauce 30 g

**E, M, G, SS**

### PANCAKE BENEDICT 44 LEI new

350 g: Eggs Benedict 80 g, pancake 100 g, cream cheese 30 g, bacon 40 g, tomatoes 30 g, hollandaise sauce 30 g, maple syrup 30 g, decoration 40 g, parmesan 10 g, seed mix 10 g

**E, M, G, SS**

## EGGS & TOAST

### ITALISCRAMBLED EGGS TOAST 43 LEI

350 g: Sourdough bread 80 g, scrambled eggs 80 g, mozzarella 30 g, parmesan scali 20 g, prosciutto 30 g, cream cheese 40 g, garnishes 30 g

**E, M, G, SS**

### SPICY EGGS BREAD 43 LEI

350 g: Sourdough bread 80 g, guacamole 40 g, chorizo 50 g, scrambled eggs 80 g, jalapeno 10 g, butter 20 g, balsamic pearls 5 g, baked pepper 30 g

**E, M, G, SS**

## HISTORY OF THE EGGS BENEDICT RECIPE

Legend has it that sometime between 1860-1880, at the iconic Delmonico restaurant in New York, LeGrand Benedict, a loyal customer, reportedly complained to the head chef about their boring menu. The famous chef Charles Ranhofer took up to the challenge with great creativity, serving a never before seen egg-based dish. Today, in LeGrand Benedict's honor, we encourage you to savor every moment and **never settle for less than EGGstraordinary dishes.**

## RELAXING & HEALTHY BREAK

### CRUNCH BRUSCHETTA BRUNCH PLATTER 39 LEI

250 g: olive bread 80 g, tomatoes 40 g, pesto 30 g, mushrooms 40 g, bacon 20 g, cheddar sauce 20 g, oil 10 ml, prosciutto 20 g

**M, SS, G**

### GRANOLA YOGURT & FRUITS BOWL 39 LEI

300 g: Greek yogurt 120 g, granola 20 g, fresh fruit 120 g, muesli 20 g, agave syrup 20 g

**M, SS, G**

### PANCAKES WITH RICOTTA & SEASONAL FRUIT 28 LEI

220g: 2 Pancakes, ricotta 50g, agave syrup 20g, homemade topping 20g, fruit jam 30g, seasonal fruit mix 20g, decorations 20g

**E, M, G**

### PANCAKES 33 LEI

250 g: 2 Fluffy pancakes with maple syrup, homemade fruit jam 40 g, fruit topping 30 g, decorations 20 g

**E, M, G**

### COLD PLATTER 56 LEI

320 g: chorizo 30 g, prosciutto 40 g, ham 30 g, homemade hummus 40 g, cherry tomatoes 30 g, baked pepper 20 g, pickled radish 10 g, jalapeno 10 g, mozzarella 40 g, parmesan 20 g, bread 100 g

**G, M, P**

## EGGcellent nutritional value

2 eggs provide approximately 140kcal per 100g and cover about 10%-30% of the daily vitamin requirement. The yolk contains, among other valuable nutrients, large amounts of vitamins A, D, E, K, B1, B2, B5, B6, B9 and B12, and the egg white completes the nutritional profile with significant amounts of vitamins B2, B3 and B5.

BREAKFAST ALL DAY

# CHINCREDI-BOWL GROUNDS

## SUSHI BOWL - 48 LEI

RICE 130 G, SMOKED SALMON 50 G, AVOCADO 40 G, CUCUMBER 40 G, EDAMAME 40 G, CARROTS 30 G, MANGO 40 G, MIXED SEEDS 5 G, GREEK YOGURT SAUCE 60 ML, POKE SAUCE 40 ML

M, S, F, SS

## MEXICAN CHICKEN BOWL - 46 LEI

CHICKEN 50 G, CORN 40 G, RICE 170 G, AVOCADO 40 G, EDAMAME 40 G, TOMATOES 40 G, CUCUMBERS 40 G, JALAPENO 10 G, GREEK YOGURT SAUCE 60 ML, POKE SAUCE 40 ML, MIXED SEEDS 5 G

M, S, SS

## MEDITERRANEAN POKE BOWL 44 LEI

MANGO 40 G, AVOCADO 40 G, SHRIMP 50 G, CARROTS 30 G, EDAMAME 40 G, RICE 130 G, CORN 40 G, GREEK YOGURT SAUCE 60 ML, POKE SAUCE 40 ML, BAKED PEPPERS 15 G, MIXED SEEDS 5 G

M, S, SS, C

## EXTRA PROTEIN BOWL 49 LEI

SHRIMP 50 G, SMOKED SALMON 50 G, RICE 130 G, AVOCADO 40 G, EDAMAME 40 G, CORN 40 G, TOMATOES 40 G, GREEK YOGURT SAUCE 60 ML, POKE SAUCE 40 ML, FRIED ONION 10 G, MIXED SEEDS 5 G

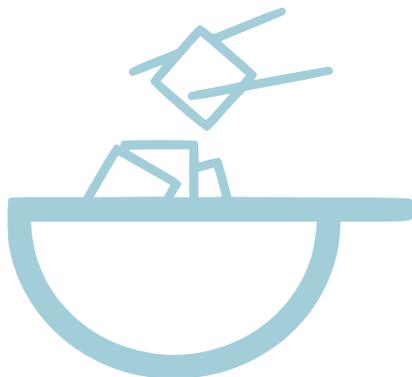
M, S, F, C, SS



## BUDDHA BOWL 44 LEI

TOMATOES 40 G, MARINATED TOFU 60 G, EDAMAME 40G, AVOCADO 40G, MANGO 40 G, RICE 130 G, CORN 40 G, GREEK YOGURT SAUCE 60ML, POKE SAUCE 40 ML, GERMINATED SEEDS 10 G, MIXED SEEDS 5 G

M, S, SS



# Attention!

**Customers with food allergies,**  
please be aware that our food may contain or may come into  
contact with common allergens. Customers with  
food allergies or other nutritional concerns  
are advised to notify us for assistance.

Carefully read the allergen codes printed near each dish  
and refer to the list below for further details

**(G) gluten** - cereals containing gluten and derived products

**(C) crustaceans** - crustaceans and derived products

**(ML) molluscs** - molluscs and derived products

**(F) Fish** - fish and derived products

**(M) Milk** - milk and milk products (including lactose)

**(E) Eggs** - eggs and derived products

**(P) Peanuts** - peanuts and derived products

**(S) Soy** - soy and derived products

**(SS) Sesame seeds**

**(FP) frozen products**

**(SE) semi-prepared products** - semi-cooked or cooked products  
which require heat preparation

CAREFUL!

**DUE TO THE MANUFACTURING PROCESSES, ALL PRODUCTS MAY  
CONTAIN ALLERGENS THAT ARE NOT NATURALLY FOUND IN FOOD.**

